





## The Ancient Science of Sahaji

Sahaji Discourses No. 8 \*

By

Sri Tirkahatif ra-Zah



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Aforesaid these beginning discourses represent a pure paradox because the chela knows he is not a beginner by any means. In other words, we could say that the beginning discourses are the simple fact of beginning with AKATHA in this lifetime. However, even the ready chela whose karma is at a very good point must not be puffed-up here. He or she will learn that humility is a natural state of the svasata or the contemplation of SRAOSHA. When one starts their inner journeys with the guidance of the Living SRAOSHA Master, they find the route not circuitous any longer. Going straight to God, the AKSHAR, is the whole idea. I may have stated about the "Glimpse of God (acronym for G...O...D)" that one gains along the path whilst it is the God-Realization or second goal in AKATHA.

This very important goal of God-Realization is in the Eighth Initiation where one does not sustain the God experience, but experiences it nevertheless. Once achieving this very important experience, the chela now finds he knows what his eternal goal is in that of seeking or moving towards AKSHAR eternally. Of course, he experiences God occasionally, but never fully sustained as the bane of Soul per se. Still, the God experience is enough for Soul sustaining the eternal way of AKATHA as It experiences pure ecstasy of which has obviously no explanation in words.

It is true that these experiences are relative to each Soul, yet the Tenth Plane of the Anami Lok exists for all those Souls who have been disciplined enough to attain it. That is why no drugs can be used for this experience as it is a natural state of Soul leaving the body. Being intoxicated does not help one, but these are illusions just like everything else that Soul creates for attention.

If the attention is helping to bring the ready Soul back to the path, the chela has struck upon the proper mission in life. Giving of oneself guides one to the high planes. We do not try to be detached and perfect for perfection comes in the cheerful letting go state where Soul finds those

around him of good cheer. It is true that some use humour for protecting themselves from reason along with the fact that they are not the ready one. Still the ready one and Initiate alike can see behind the facade giving compassion where needed and humour is used naturally then without contrivance. The kani (non-ready) appreciate the help along their path but might not step upon AKATHA in this lifetime. Kal will see to this. Leaders and professionals usually have the hardest time because they lump spiritual paths into one believing all these roads lead to Rome. They may lead to Rome, but not God.

It is explained in AKATHA that all other paths are spin-offs of It. That does not mean they are evil necessarily (some are), but instead the other paths are steps to AKATHA. That is why we teach that no competition exists in AKATHA. A young chela asked me one time if I thought it would be good to find out what a new teacher was doing in the area. It was similar to a Buddhist path and the student wanted to know best how to compete with them. I told here we should praise them for they were teaching reincarnation and karma. Still they were leaving out Sahaji. Their information was doing us a favour whilst not teaching Sahaji was a matter of not knowing. Of course, if they were teaching Sahaji, they would be AKATHA. The irony in all this is that other teachings do not accurately teach Sahaji and those who do, do not emphasize it properly. Higher consciousness may not be that if it only gets one to the fourth plane in which religions and organizations make their highest place. But very few, in actuality, achieve the fourth plane. Most gain only the Astral Plane. That is a shame because many planes exist whilst achieving only the second one is such a limitation. Still some parts of the Astral Plane are very beautiful just as upon the Physical Plane.

The problem remains that most get caught-up in the beauty of the lower planes resulting in reincarnation to those areas. We stop this on the path of AKATHA if the chela chooses this. Freedom of choice regarding the reincarnation cycle only exists in AKATHA. Any teaching outside the high

path of AKATHA making such a previous claim is not true. However, some may have to experience this on their own whilst the ready one already knows the truth by feeling it ahead of time. That skill is taught in AKATHA as a factor of Sahaji in projecting ahead in time and space or spiritually finding the answer to a dilemma without experiencing it in the physical. It is a convenience saving valuable energy in the lower worlds.

Some may experience in the older years that time seems fleeting and is. The youth believe they can befriend everyone nurturing these relationships, but find later to be impossible. Yet these are just the "talons of time" that Paulji taught in his book of that name. We learn in AKATHA to be masters of time and make every moment count. We can move quickly if we desire, but we learn to do it harmonically. These days of high technology and the nano second (one billionth of a second) display fascinating speeds within computers. Whereby, Soul always is one step ahead of any speed and can be slower than the slowest if necessary. Physical scientists have even measured the lifetime of rock at about three billion years (really only several hundred thousand) whilst saying we are a flash of light to a rock regarding our physical lives. These pseudo scientists neglect the fact that the rock is Soul too, except not yet realized in the apex as man. The stone will one day be man and able to achieve the Soul Plane in that lifetime or the next one once attaining the path of AKATHA. New agers delve into rocks as crystals but only regress in their worship of them. Rock is a good example of peace and power, but not evolution as man. A crystal has no potential of gaining the Soul plane in their many thousand year lifespan. Man can do it in this life or the next called "atratas" on the path of AKATHA.

Nothing is too complex for the SRAOSHA Master or the Initiate for that matter. The Master knows when not to bother with things that will waste his spirit or time in the lower worlds. Exhaustive rigour of math sometimes is neglected regarding future attainments, but it has been found that too many initial mistakes are made. Hence, the Master will not participate unless the basics are rendered. That is why sometimes AKATHA seems so basic because it is very necessary not to miss the initial details. When we focus upon details, the future of the teaching is much more secure

insofar as staying public and finding the one percent in the lower worlds presently. Our Kali Yuga is getting worse, but the one in one hundred equation will not change for quite sometime. That is why new chelas come frequently as opposed to the end of the Kali Yuga where one in a million is the situation. The golden times find the reverse cipher per one million positive only one negative individual exists. These golden ages are very wonderful in the lower worlds, but ironically another trap for Soul in the reincarnation cycle. When the lower worlds are golden, Soul wishes to stay there. But forgets that the risk of becoming negative exists, whereas on the Atma Lok (Soul Plane), that risk does not exist.

Thus, Sahaji means the option of achieving the Soul Plane in this lifetime exists with no negativity ever occurring for them again. What a relief! And it is true because many may have hard times in the lower worlds because Kal wishes to persecute the AKATHIST. That is why Paulji warned that perhaps it was better not to step upon the path because the way is thorny and arduous. Still this difficulty is one of the major paradoxes of the path because, quite frankly, my opinion is that I would go to the death for Paulji and the path of AKATHA. That is not a requirement though as I stress this fact. My personal experience was that Paul saved my life teaching me the path after being very sad at that time. Many may agree, but no one on the path asks anyone to die for it. That is pure nonsense and ludicrous whilst an individual feeling and nothing else.

Many know since Paulji's (Paul Twitchell, our co-founder) death, he has been greatly maligned by those privy. Nomenclature does not recognize Paul as distinctive whilst not mentioned as a celebrity in their encyclopaedias and such. However, those who do malign Paul must pay an enormous karmic price as anyone who condemns the AKATHIST. It works simply as science. The more one practices their svasata, the more SRAOSHA power build-up exists especially internally as Soul. One is simply internalising their power. The daily thirty minute exercise over the years gains one a definite foothold in the higher planes along with the pao chia tzi (the power aura protection of SRAOSHA). Calling on the Living SRAOSHA Master is the same thing. This power is very real and one experiences it for the first time at introductory meetings of AKATHA when

doing the HU chant. Hence, the science of Sahaji is real insofar as if the chela will practice diligently the daily thirty minute exercise. Marrying to this practice, one's place in eternity is assured becoming a co-worker with AKSHAR helping to run the universe.

A secret of the high path shows that when other teachings resort to a native language (English for example), they leave out the higher Sanskrit charged words. Therefore, they reduce their teaching to that of logic and not the feeling of upliftment in the SRAOSHA power. Thus, when Paulji taught, he used the charged words mixed with his native language giving the words the proper boost in the high teaching. If one only uses native language, the teaching now is just an argument, an antithesis of everything. AKATHA does not debate, but is the synthesis teaching that goes straight to God without leaving anything behind. That is why it is suggested that unless one has some time to talk with another, it may be best just to use small talk or confabulation. The AKATHIST has all knowledge and disseminates it when time is available. It is true that one can make time and the Master often does, but the Timemakers are very powerful in the lower worlds. When one taps their finger and looks as if moving towards the door, you can be sure the Timemakers are beckoning. We can either force our way or do the way of AKATHA and let it be. Another time will come again and we learn patience this way which brings the true chelas of AKATHA.

These esoteric discourses bring a powerful wisdom and the chela may wish to read them many times. When Paulji is condemned by others, they forget the power of his words, the beauty of the SRAOSHA Master's spirituality that brings an ineffable upliftment. That feeling is the true answer for the chela, not some discussion about a birth date on a piece of paper. The Master has His reasons and always His way is a test for others being ultimately the channel for AKSHAR. If we malign the Living SRAOSHA Master, we make a grave error whilst losing respect for ourselves in the offing. Complaints and criticism must come, but a line must be drawn in balance. In other words, being naive to mistakes is foolish and just sheepish. However, to live in constant complaint shows our antithesis level again without any proper denouement. Thus we find the feelings answering again as we know when we have crossed the line because we can feel it. The longer we stay on the negative side of the line, we risk losing our way again as before when not on the path.

Students tell me their stories daily about how miserable they were before the path and I agree having had the same experience. Still these confessions are not necessary as a requirement on the path, but many are exulted when coming to AKATHA feeling very relieved. One can express whatever they wish, but universal principles exist in wielding one's power. Perhaps taking it slowly works better in terms of our ten thousand suns minimum power as Soul. That is a big power and many wonder why they have so many troubles in the lower worlds. We are not just flesh and blood as the philosophers and

religionist would have us think. As Soul we learn about our power in AKATHA through the practice of Sahaji by way of svasata.

Sometimes in experiencing that we are the creator on the Ninth Plane can be overwhelming, but then we learn there the wielding of our creation and power. It is simple, yet dangerous until we have the God-Realized experience. That is why the chelas pursues God-Realization in harmony and the second goal in AKATHA and not the first. Self-Realization being the first goal enables us to approach God properly with humility and grace. No one can see God without preparation and AKATHA trains one this way in the contemplation use. We travel in the lower worlds learning the ways of God and then one day experiencing IT after refinement in Self-Realization. This is the path, the way of AKATHA (ae'kuh tuh).

Baraka Bashad,

Sri Tirkahatif ra-Zah